



FORMING A STRENGTH NETWORK

(Who Can Help & Where Can I Go For Help)

What Do I Need?

Who Or Which Group Or Resource Can Help?

Practical Help:

- _____ Computer Coaching and/or Instruction _____
- _____ More Networking Contacts _____
- _____ Increased Sources of Job Leads _____
- _____ Resources to Help Me Build My Skills _____
- _____ Places to Volunteer or Intern _____
- _____ Childcare/Transportation Assistance _____
- _____ Other _____

Financial Help:

- _____ Health Insurance _____
- _____ Secondary Income Stream _____
- _____ Credit Report Information _____
- _____ Other _____

Individual Help:

- _____ Job Search Buddy _____
- _____ Networking Support Group _____
- _____ Inspiration i _____
- _____ Someone to Encourage Me or Push Me _____
- _____ Someone to Build or Review My Resume _____
- _____ Someone to Help Me Practice Interviewing _____
- _____ Contacts to Recommend Me _____
- _____ Contacts to Endorse Me on LinkedIn _____
- _____ Other _____