

My **international experience** is in the following countries: _____
_____.

I speak the **following languages**: _____

I have **subject matter knowledge** in: _____

I **know how to** _____

I am interested in **working in the following fields**: _____

Job titles that interest me are: _____

My **work experience** includes: _____

Employers often look for the **following 11 skills**. I **score myself from 1 to 5 (low to high)** on each.

- | | |
|--|------------|
| Math | Score ____ |
| Computer & Technical Skills | Score ____ |
| Research & Analysis Skills | Score ____ |
| Project Management | Score ____ |
| Creative Thinking | Score ____ |
| Written English Communication | Score ____ |
| Leadership | Score ____ |
| Spoken English Communication | Score ____ |
| Teamwork | Score ____ |
| Problem-solving Skills | Score ____ |
| People Skills | Score ____ |

Here are some **additional skills or talents:** _____

Here are a few of my **personal character strengths:**

These are some **things co-workers, bosses and team members on school projects have said about me:**

This is **something that sets me apart or makes me unique:**

These are some **companies or organizations for whom I would like to work:**

Some challenges:

I need _____

I want _____

I am willing to _____

Signed _____

Date _____